

Level 4: Intermediate Camper

Girl's Name: _____	Troop Number: _____
Leader's Name: _____	Date: _____
Location where girl worked on activities: _____	

Housekeeping

- Help put up a tent
- Learn how to roll a sleeping bag
- Learn what to bring on an overnight
- Go on a simple overnight/sleep-over

Cooking

- Use a charcoal chimney
- Use a box oven
- Use a pie iron
- Practice boiling water for safe drinking

Knots and Lashing

- Learn to tie a Bowline knot and when to use it
- Learn how and when to 'Hack a Rope'
- Demonstrate 6 different knots

Tools

- Learn at least 9 parts of the bow and 4 parts of an arrow
- Learn and demonstrate the following:
 - How to string and unstring a bow or know 2 or more methods of stringing a bow
 - The proper stance for shooting
 - The correct way to pull an arrow from the target and how to pick up arrows from the ground
- Learn how to care for archery equipment

Fire-Building

- Build, light, and put out a teepee fire
- Try for the One Match Club

First Aid

- Discuss contents of a First Aid Kit
- Make a First Aid Kit for your troop or group

Outdoor Recreation

- Learn Semaphore— demonstrate by sending and receiving a short sentence correctly
- Learn the J stroke draw, and push away strokes

Hiking

- Learn how to pack a backpack for a backpacking trip
- Learn trail markers and practice using them on a hike
- Learn about and practice using a compass

Nature

- Find an animal track and identify it

Songs, Games, Traditions, & Ceremonies

- Learn and international flag
- Play a wide game
- Learn to fold and carry a flag
- Plan an overnight campout at one of the council's camps and invite a Daisy troop for the flag ceremony and/or games