

Topic: Safety Activity Checkpoints (SAC's)

What is a Short and Snappy?

- A short interactive group discussion provided at a Service Unit meeting for volunteers to share at the troop level.
- Any Service Unit team member, volunteer, or learning facilitator may guide a Short and Snappy.
- Ideas for presentation: One person can facilitate to a group, or small groups can present an assigned section to the room.

Why Safety Activity Checkpoints (SAC's)?

Safety Activity Checkpoints (SAC's) provide the standard safety guidelines for Girl Scouts of the United States of America (GSUSA) and Girl Scouts of Southern Illinois' approved activities. In addition to providing volunteers with safety guidelines to ensure the physical and emotional safety of girls, information is also included throughout the SAC's to ensure equity, diversity, and inclusive thinking when planning Girl Scout activities so all girls with a desire to participate are included. The Safety Activity Checkpoints (SAC's) are updated and located on our website. You can easily navigate to this information through the link provided in the resources section of this document. GSUSA updates these checkpoints on a two-year cadence. Please make sure you are referencing the most up to date information.

Activity:

Try creating a "Seek and Find". Compile a list of Troop/Service Unit activities. Make sure your audience is able to access the SAC's (on electronic devices or provide a printed copy). For each activity, ask the Girl Scouts to find what accommodations are needed to complete the activity. Sample Question: Our Girl Scout troop of "10 First Year Brownies" would like to plan a swimming trip. What guidelines do we need to follow to ensure the safety of all members attending this event? How many lifeguards do we need? What is the girl ratio for water safety? Ask the participates to find the answers. Once they find and reference the information, consult the Table of Contents to see if there are any other guidelines that should be followed. Facilitate a discussion and encourage the Girl Scouts to explore the SAC's for other desired activities.

Resources:

You can find the [Safety Activity Checkpoints \(SAC's\)](#) on our website. The [GSofSI website](#) provides you with information and support needed to use these guidelines. Please remember to reach out the GSofSI at 1-800-345-6858 if you have any other questions regarding safety.