# SHORT & SNAPPY (S&S): Summer Fun

# What is a Short and Snappy?

- It's a short interactive group discussion provided at a Service Unit meeting (SU) for volunteers to share at the troop level.
- Any Service Unit team member, volunteer, or learning facilitator may guide a S&S.

## **Objectives**

- Supply inclusive activity ideas to do with girls over the summer.
- Supply volunteers with indoor activities for bad weather days.
- Make one of the snack recipes as a group to make this S&S hands-on.

### **Resources**

- Safety Activity Checkpoints (SACs)
- GSofSI Event Calendar

# **Indoor Activities**

#### <u>Click here to explore all the badge options!</u>

- First Aid (BJCSA)
- Democracy (DBJCSA)
- Think Like A Computer Programmer Journey (DBJCSA)
- Food/Cooking Badges\*
  - Snacks (B)
  - Simple Meals (J)
  - Eating For You (C)
  - New Cuisines (C)
  - Locavore (S)
  - Dinner Party (A)

## **Future Planning**

Rainy days are also great for dreaming big and planning. You can discuss a future trip the troop wants to go on, figure out which mode of transportation to use, determine how much money the troop needs to raise, and other logistics the troop needs to talk about as a group.

\*(Check out the "Fun Summer Snacks" for some fun ideas to try when you are facilitating this S&S, and information on a former Girl Scout)



# **Outdoor Activities**

### **Outdoor Badges/Fun Patches**

See the short list below for a sample of some of the badge activities and their corresponding levels. Be sure to look activities up in the VTK & SACs before doing any of them. The VTK will help you with the badge requirements and SACs will help you make each activity safe and inclusive for all girls. Click <u>here</u> for a full list of outdoor badges at each level listed on our website.

- Snow or Climbing Adventure (BJCSA)
- Outdoor Art (DBJCSA)
- Horseback Riding (J)
- Cabin Camper (B)
- Hiker (B)
- Trail Adventure (JSA)
- Trailblazing (C)
- Archery (C)
- Paddling (S)
- Explore State Parks across the nation on <u>"Girl Scouts Love State Parks Weekend"</u> each year and get that year's fun patch to commemorate your trip. Visit the link for requirements!
- Become a Girl Scout Ranger with the National Park Service! Click this <u>link</u> to learn all about how to complete this achievement.

# **Fun Summer Snacks**

#### Sweet

- I<u>ce cream in a bag</u>
- Fruit kabobs & Fruit Dip
- <u>Pudding Popsicles</u>

#### Savory

- <u>Homemade chex mix</u>
- <u>Trail mix</u>
- Homemade Humus
- Tortilla Pinwheels

## **Quick Tips**

- Always check for girl food allergies during snack/meal planning.
- Check out this former Girl Scout's cookbook <u>here</u>!