



Girl Scouts of Southern Illinois

Corporate Service Center

4 Ginger Creek Parkway

Glen Carbon, Illinois 62034

618-692-0692

www.gsofsi.org

News Release

Release #112409

Date: Nov. 24, 2009

Contact: Jay Strobel jstrobel@gsofsi.org

Lisa Straub receives Girl Scout Gold Award...the highest individual achievement in Girl Scouting

Glen Carbon, Illinois -- The Girl Scouts of Southern Illinois is pleased to announce that Lisa Straub from Columbia earned the Girl Scout Gold Award, the highest award a Girl Scout can receive.

For her Girl Scout Gold Award project, Lisa held a Youth Cooking School for children living in a local women's shelter. "I love to cook and I love children," she explained. The children attending her classes were taught basic cooking skills, kitchen safety and nutrition through fun activities and hands-on food preparation. Through Lisa's efforts, children not only gained valuable skills such as preparing healthy meals, but also raised self-esteem through learning and accomplishment. Lisa provided her lesson plans and recipes to the shelter so the program could be continued into the future. Through her project, Lisa learned that she is "capable of doing whatever she sets her mind to." Lisa is the daughter of Paul Straub and Rachel Brandon-Straub. She is currently a freshman at the University of Illinois at Urbana-Champaign.

The Girl Scout Gold Award recognizes Girl Scouts who have committed themselves to applying the skills and values they have developed into a plan to make the world a better place. To earn the Girl Scout Gold Award, a Girl Scout Senior or Girl Scout Ambassador devotes significant time and effort to a project she feels passionate about, cultivates her leadership skills and inspires others to improve and enrich their lives and their communities. Only about 5 percent of eligible girls earn the prestigious Gold Award.

The Girl Scouts of Southern Illinois serves approximately 15,000 girls and 4,800 adult volunteers in 40 ½ counties in southern Illinois. Girl Scouting has inspired more than 50 million girls and women since its founding in 1912. As the 100th anniversary of Girl Scouting approaches, councils nationwide are joining in a

historic organizational transformation centered around the best leadership development experience for girls in the 21st century, while ensuring the traditions and values that have been core to Girl Scouting since its beginning remain strong and relevant.

For more information, please call Jay Strobel at 618.692-0692 or by e-mail at jstrobel@gsfsi.org

The Girl Scout Mission:

Girl Scouting builds girls of courage, confidence, and character who make the world a better place.

Check us out at: www.gsfsi.org

-- 30 --

