Level 5: Outdoor Explorer

Housekeeping
☐ Rig a tarp

Cooking
☐ Learn how to cook with a tin can
☐ Make at least one recipe

Knots and Lashing
☐ Learn how and when to whip
☐ Learn how and when to splice
☐ Learn how and when to lash
☐ Lash a picture frame

Tools
☐ Teach younger girls basic first aid for cuts, bites, and burns

Fire-Building
☐ Make a reflector fire
☐ Cook something using the reflective fire, using a homemade griddle or frying pan

First Aid
☐ Teach younger girls basic first aid for cuts, bites, and burns

Outdoor Recreation
☐ Complete the Water Watchers Training

Hiking
☐ Label the 32 points of a compass by memory
☐ Demonstrate how to use navigational trail markers. Show how to do the following:
☐ Find east by using the sun and knowing the time of day. Show where north, south, east, and west are.
☐ Learn how to use a topographical map

Songs, Games, Traditions, & Ceremonies
☐ Make an outdoor game (see Pinterest)
☐ Take part in a campfire ashes ceremony
☐ Go on a summer camp out and complete the GSSI Summer Fun Patch Program