

Level 5: Outdoor Explorer

Girl's Name: _____	Troop Number: _____
Leader's Name: _____	Date: _____
Location where girl worked on activities: _____	

Housekeeping

- Rig a tarp

Cooking

- Learn how to cook with a tin can
- Make at least one recipe

Knots and Lashing

- Learn how and when to whip
- Learn how and when to splice
- Learn how and when to lash
- Lash a picture frame

Tools

- Teach younger girls basic first aid for cuts, bites, and burns

Fire-Building

- Make a reflector fire
- Cook something using the reflective fire, using a homemade griddle or frying pan

First Aid

- Teach younger girls basic first aid for cuts, bites, and burns

Outdoor Recreation

- Complete the Water Watchers Training

Hiking

- Label the 32 points of a compass by memory
- Demonstrate how to use navigational trail markers. Show how to do the following:
- Find east by using the sun and knowing the time of day. Show where north, south, east, and west are.
- Learn how to use a topographical map

Songs, Games, Traditions, & Ceremonies

- Make an outdoor game (see Pinterest)
- Take part in a campfire ashes ceremony
- Go on a summer camp out and complete the GSSI Summer Fun Patch Program