Level 4: Intermediate Camper

Girl's Name:________________________________   Troop Number:_________________
Leader's Name:________________________________ Date:_______________________
Location where girl worked on activities:________________________________________

Housekeeping
- Help put up a tent
- Learn how to roll a sleeping bag
- Learn what to bring on an overnight
- Go on a simple overnight/sleep-over

Cooking
- Use a charcoal chimney
- Use a box oven
- Use a pie iron
- Practice boiling water for safe drinking

Knots and Lashing
- Learn to tie a Bowline knot and when to use it
- Learn how and when to 'Hack a Rope'
- Demonstrate 6 different knots

Tools
- Learn at least 9 parts of the bow and 4 parts of an arrow
- Learn and demonstrate the following:
  - How to string and unstring a bow or know 2 or more methods of stringing a bow
  - The proper stance for shooting
  - The correct way to pull an arrow from the target and how to pick up arrows from the ground
- Learn how to care for archery equipment

Fire-Building
- Build, light, and put out a teepee fire
- Try for the One Match Club

First Aid
- Discuss contents of a First Aid Kit
- Make a First Aid Kit for your troop or group

Outdoor Recreation
- Learn Semaphore—demonstrate by sending and receiving a short sentence correctly
- Learn the J stroke draw, and push away strokes

Hiking
- Learn how to pack a backpack for a backpacking trip
- Learn trail markers and practice using them on a hike
- Learn about and practice using a compass

Nature
- Find an animal track and identify it

Songs, Games, Traditions, & Ceremonies
- Learn and international flag
- Play a wide game
- Learn to fold and carry a flag
- Plan an overnight campout at one of the council's camps and invite a Daisy troop for the flag ceremony and/or games