

Level 1: Main Patch

Girl's Name: _____	Troop Number: _____
Leader's Name: _____	Date: _____
Location where girl worked on activities: _____	

Housekeeping

- Learn good manners for out-of-doors, including where and how to dispose of garbage properly
- Learn about the buddy system and why it important
- Make a camp Kaper Chart
- Learn about camping in the rain

Cooking

- Prepare a snack or meal that requires no fire

Knots and Lashing

- Tie an overhand knot
- Tie a figure eight knot
- Know when and how to use both

Tools

- Make a sit upon
- Make a dunk bag
- Learn three uses of a bandana and demonstrate them

Fire-Building

- Learn basic fire safety
- Make an edible fire (pg. 35)

First Aid

- Learn how to take care of a scraped knee

Outdoor Recreation

- Do one activity from the Wanda, Shirley, or Gertrude Kits (reserve kits through Program Registration)

Hiking

- Know the rules for hiking in the city and in the country
- Learn proper dress for a hike (pg. 67)
- Take a hike at one of our Girl Scout Camps

Nature

- Learn how and why Girl Scouts always leave a place cleaner than they found it

Songs, Games, Traditions, & Ceremonies

- Learn a new song
- Watch a flag ceremony