

Level 6: Expert Camper

Girl's Name: _____	Troop Number: _____
Leader's Name: _____	Date: _____
Location where girl worked on activities: _____	

Housekeeping

- Learn about composting

Cooking

- Know and demonstrate at least five different cooking methods
 - Boil in a bag
 - Solar
 - Foil cooking
 - Pie iron
 - One pot meal
 - Dutch oven
 - Charcoal stove
 - Stick
 - Tin can

Knots and Lashing

- Make a Paracord Bracelet
- Know seven uses of a paracord bracelet and demonstrate at least one

Tools

- Whittle a walking stick
- Learn how to use and carry an ax and hatchet
- Learn proper care of an ax and hatchet

Fire-Building

- Make a Log cabin Style Fire
- Make a Pyramid Fire
- Learn about Hunter Fires and its uses

- Prepare a Ceremonial "Lighting of the Camper"

First Aid

- Complete a First Aid and CPR course
- Make a pocket size survival kit

Outdoor Recreation

- Canoe across the lake (either at Camp Butterfly or Camp Cedar Point) by yourself
- Demonstrate Canoe over Canoe Rescue
- Try rock climbing (at Camp Butterfly or at an approved site)
- Participate in a zip line course

Hiking

- Learn about winter camping and complete your Winter Fun Patch (part of the GSSI Patch Program)
- Tent camp in winter
- Learn about estimating and how it can help you on a hike

Nature

- Learn about the sun and make/use a sun compass

Songs, Games, Traditions, & Ceremonies

- Learn the story of the Sparkle Farkle berries
- Make Sparkle Farkle berries and share the story with younger Girl Scouts