Level 6: Expert Camper

Girl’s Name: ___________________________________   Troop Number: ____________________
Leader’s Name: ________________________________      Date: ___________________________
Location where girl worked on activities: _____________________________

Housekeeping
☐ Learn about composting

Cooking
☐ Know and demonstrate at least five different cooking methods
  ☐ Boil in a bag
  ☐ Solar
  ☐ Foil cooking
  ☐ Pie iron
  ☐ One pot meal
  ☐ Dutch oven
  ☐ Charcoal stove
  ☐ Stick
  ☐ Tin can

Knots and Lashing
☐ Make a Paracord Bracelet
☐ Know seven uses of a paracord bracelet and demonstrate at least one

Tools
☐ Whittle a walking stick
☐ Learn how to use and carry an ax and hatchet
☐ Learn proper care of an ax and hatchet

Fire-Building
☐ Make a Log cabin Style Fire
☐ Make a Pyramid Fire
☐ Learn about Hunter Fires and its uses
☐ Prepare a Ceremonial “Lighting of the Camper”

First Aid
☐ Complete a First Aid and CPR course
☐ Make a pocket size survival kit

Outdoor Recreation
☐ Canoe across the lake (either at Camp Butterfly or Camp Cedar Point) by yourself
☐ Demonstrate Canoe over Canoe Rescue
☐ Try rock climbing (at Camp Butterfly or at an approved site)
☐ Participate in a zip line course

Hiking
☐ Learn about winter camping and complete your Winter Fun Patch (part of the GSSI Patch Program)
☐ Trent camp in winter
☐ Learn about estimating and how it can help you on a hike

Nature
☐ Learn about the sun and make/use a sun compass

Songs, Games, Traditions, & Ceremonies
☐ Learn the story of the Sparkle Farkle berries
☐ Make Sparkle Farkle berries and share the story with younger Girl Scouts