



Girl Scout Travel Readiness Checklist

Indianapolis, IN 2027 – Is My Girl Scout Ready?

Travel Progression is part of the Girl Scout Leadership Experience, and some aspects of this trip are designed to stretch comfort zones in a positive way. Growth happens when a Girl Scout navigates new places, manages long days, and practices independence in a safe, supportive environment. If you're unsure about readiness, please reach out. We are always happy to talk through concerns. As always, our goal is for every participant to feel confident and successful.

Before registering yourself or your Girl Scout, please review the following:

Physical Readiness

- ☐ My Girl Scout can comfortably walk 10–15 minutes at a time multiple times per day.
- ☐ My Girl Scout can manage warm, humid summer weather with hydration and sunscreen.
- ☐ My Girl Scout is comfortable participating in outdoor activities.

Independence & Group Skills

- ☐ My Girl Scout is comfortable navigating in a small group with adult supervision nearby.
- ☐ My Girl Scout can follow directions and adhere to safety boundaries in a new city.
- ☐ My Girl Scout is able to stay with her buddy and communicate if she feels unsure.
- ☐ My Girl Scout understands that this is a group trip and flexibility is important.

Travel Readiness

- ☐ My Girl Scout is comfortable riding on a charter bus for long stretches of time.
- ☐ My Girl Scout is prepared to spend the night in a hotel for more than one night.
- ☐ My Girl Scout can manage her own belongings throughout the trip.

Emotional Readiness

- ☐ My Girl Scout can regulate emotions when plans change or when tired.
- ☐ My Girl Scout can advocate for herself respectfully if she needs help.
- ☐ My Girl Scout understands this is an active, full-schedule adventure and not a downtime vacation.